Millions of Americans are affected by mental health conditions every year. The National Alliance on Mental Illness (NAMI) reports staggering numbers of individuals and families impacted by these conditions, with nearly 10 million adults living with a serious mental illness. Nurses can play a critical role to improve the quality of care for patients and their families. The theme of this year’s conference, offered by the Wisconsin Center for Nursing, Inc., will address this important healthcare issue and focus on Nurses Leading Change to Advance Mental Health. The goal of the conference is to strengthen the competency of nurses (in ALL settings—including students, educators, and leaders) for integrating mental health concepts to improve the outcomes for patients and their families across the lifespan.

Meet the Keynote
Sarah (Sally) Raphel, MS, APRN-PMH, FAAN is an internationally known speaker who served on national and international councils (NIMH, ICN, PAHO) and task forces for global mental and behavioral care delivery. She is the former Deputy Director of the Pan American Health Organization/World Health Organization Collaborating Center for Mental Health Nursing and is currently faculty in psychiatric-mental health nursing at The Johns Hopkins University School of Nursing.

Register online today!
www.wisconsinnurses.com/reg_wcn.asp
Register and pay by May 1 to receive the “Early Bird” registration of $85.00. After May 1, the fee increases to $100.00.

Student Rate: $50.00

Registration Deadline: 6/13/16
Payment can be made online by credit card or a check can be sent to the WNA office after completing the online registration. Your registration will be confirmed upon receipt of payment. Payment must be received prior to the conference.

Continental breakfast and lunch will be provided. Cancellations received prior to the conference will be charged a $25 administrative fee. There will be NO REFUNDS after the conference begins or for “no-shows.”
Continuing Education Credit
This learning activity is jointly provided by the Wisconsin Center for Nursing and the Wisconsin Nurses Association, and has been planned in accordance with the requirements of the American Nurses Credentialing Center (ANCC) for continuing nursing education. Participants will be offered 7.0 contact hours of Continuing Nursing Education credit. After registering, participants will receive a password to access the pre-reading assignment for the Motivational Interviewing session. All other handouts received from presenters will be available on the WNA and WCN websites approximately one week prior to the conference.

Wisconsin Nurses Association is an approved provider of continuing nursing education by the Montana Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

Location
Waukesha County Technical College – Pewaukee Campus
800 Main Street, Pewaukee, Wisconsin 53072
Prior to the conference, registrants will receive an email with links to driving directions and a campus map indicating the Richard T. Anderson Education Center.

Overnight Accommodations
A block of single/double rooms has been reserved at the nearby County Springs Hotel at the special rate of $92 until May 20. Room reservation includes complimentary continental breakfast. Reserve by calling the hotel directly at 262-547-0201 and ask for the “Wisconsin Center for Nursing room block.”

Agenda
7:30–8:00 a.m. Registration and Continental Breakfast
8:00–8:15 a.m. Welcome & Program Overview
8:15–9:30 a.m. KEYNOTE ADDRESS: Nurses Leading Change to Advance Mental Health
Sally Raphel, MS, APRN-PMH, FAAN – Faculty
Psychiatric-Mental Health Nursing, The Johns Hopkins University School of Nursing
There is overwhelming evidence that the nursing and even the behavioral health workforce is not equipped in skills or in numbers to respond adequately to increasing incidence of co-occurring mental and addictive disorders among individuals. Sally’s inspiring message will outline an action plan on Behavioral Health Workforce Development to respond to the changing mental health needs of the American population.
9:30–9:45 a.m. Break
9:45–11:15 a.m. Integrating Mental Health Care in Practice: A Consumer’s, Nurse’s, and Psychologist’s Point of View
This panel presentation will demonstrate that meeting the mental health needs for all starts by considering the consumer’s point of view, learning strategies on being mentally healthy, and assuring that mental health care is integrated into primary health care.
Maria Hanson, JD, CPS, PRC - Peer Specialist Coordinator, Mendota Mental Health Institute
Donna Riemer, PMHN-BC, Certified Clinical Traumatologist - Nurse Consultant, Department of Health Services, Division of Mental Health & Substance Abuse Services, Bureau of Prevention, Treatment & Recovery
Elizabeth A. Zeidler Schreiter, PsyD - Chief Behavioral Health Officer, Access Community Health Center
11:15 a.m.–12:15 p.m. Lunch

Questions
For questions regarding registration, please contact the Wisconsin Nurses Association at (800) 362-3959, ext. 201 or janine@wisconsinnurses.org.
For questions pertaining to the program, please contact the Wisconsin Center for Nursing at (414) 801-6877 or info@wicenterfornursing.org.
12:15–1:15 p.m.  
Breakout Session 1 (join one of the following sessions at the conference – all will be repeated in Breakout 2)  

A: Mental Health and Vulnerable Populations  
Mary Muse, MS, CCHP-A, CCHP-RN - Director of Nursing/Chief Nursing Officer, Wisconsin Department of Corrections  
This presentation will provide participants with an overview of the “State of Mental Health Among Vulnerable Populations,” address barriers to mental health services in corrections and the community, identify the need for advocacy, and explore opportunities for intervention by nurses, nurse leaders, and the community.  

B: Child & Adolescent Mental Health Issues: Access, Stigma, Isolation, and Hope  
Peg Rauschenberger, MSN, RN, CCHP - Interim Dean, JoAnn McGrath School of Nursing, Alverno College; Psychiatric Nurse, Milwaukee County Juvenile Detention Center  
Children and adolescents can experience a wide range of mental health issues, and the ramifications can last a lifetime. This session will explore new thinking about interventions and the impact nurses can have as both advocates and care providers.  

C: Deprescribing in the Era of Team-Based Care: Case Studies from Psychiatry and Geriatrics  
Michael J. Oldani, PhD, MS - Associate Professor, Coordinator of Interprofessional Education, Concordia University Wisconsin  
Travis Suss, PharmD - Assistant Professor of Pharmacy Practice, CUW School of Pharmacy IPE Representative  
Perspectives from medical anthropology and geriatric pharmacy will be presented that highlight how team based care is impacting the reduction of polypharmacy in specific populations: the overmedicating of the worried well in primary care and over/mis-prescribing in geriatric populations. Special attention will be given to the impact of team-based care (i.e. the role of providers, nurses, social workers, etc.) toward efforts of appropriate prescribing and/or deprescribing.  

D: Infant Mental Health – Significance, Effects of Trauma, and the Role of Family Relationships  
Donna M. Harris, MS, APRN - Reflective Practice Consultant; Co-founder and President of the Board, Wisconsin Alliance for Infant Mental Health  
Learn what infant mental health is, why it is important, and factors which affect its development. We will also cover the potential effects of trauma and how to work with families to promote secure attachment. The role of reflective supervision for nurses working with vulnerable families and their infants will be explored.  

1:15–1:30 p.m. Break  

1:30–2:30 p.m.  
Breakout Session 2 (join another of these repeated sessions at the conference)  

A: Mental Health and Vulnerable Populations  
B: Child & Adolescent Mental Health Issues: Access, Stigma, Isolation, and Hope  
C: Deprescribing in the Era of Team-Based Care: Case Studies from Psychiatry and Geriatrics  
D: Infant Mental Health – Significance, Effects of Trauma, and the Role of Family Relationships  

2:30–2:45 p.m. Break  

2:45–4:00 p.m.  
Motivational Interviewing: Skills to Help You Help Patients—No Matter Where They Are in Their Readiness to Change  
Robin Monson-Dupuis, LCSW, SAC, RYT - Manager, Outpatient Behavioral Health Services, Aurora Health Care  
Get familiar with the Stages of Change model – how it allows us to re-define “non-compliant patients” and serves as the foundation for using Motivational Interviewing (MI) to help patients feel accepted where they are, not judged. Learn the skills of Motivational Interviewing and how to apply them in your practice to effectively assist patients on their change journey.  
After registering, participants will receive access to the Pre-Reading assignment for this session: “Motivational Interviewing in Health Care Settings, Opportunities, and Limitations.”  

4:00 p.m. Closing Remarks